## SIXWAYS PATIENT PARTICIPATION GROUP (PPG)

### MINUTES OF THE MEETING HELD AT SIXWAYS CLINIC

### THURSDAY, 11 APRIL 2024

### ATTENDEES

Mukesh (Kesh) Makhecha (Chair) KM Diane Evans (Social Secretary) DE Anna Frost (Secretary) AF Ceri Gardener (Practice Manager) CG

Jane Jones JJ Sue Prew SP Brenda Reid BR Chris Reid CR Rob Reid RR

Also: Margaret Harris and Christine McAuley; Sixways Clinic patients.

### 1. WELCOME, APOLOGIES FOR ABSENCE

The Chair (KM) welcomed everyone to the meeting. Apologies for Absence: Janet Littlecott JL.

#### 2. MINUTES OF THE LAST MEETING HELD ON WEDNESDAY, 14 FEBRUARY 2024

The Minutes of the last meeting held on 14 February 2024 were signed as a true record. Minutes to be posted on the PPG section of the Sixways Clinic website.

### 3. MATTERS ARISING FROM THE MINUTES OF THE LAST MEETING

a. Noticeboard - Item 3a/14 February 2024 Minutes refers.

To be kept up to date. JL was thanked for the display.

### b. Veteran Friendly Practices (VFPs) - Item 3b/14 February 2024 Minutes refers.

CR reported on the recent report by the Armed Forces Patient and Public Voice Group about the impact their involvement has had in the provision of care and support of veterans. CR will share the information with his contacts. CG confirmed that dependents of veterans are monitored by the Practice as well as veterans. Dr Dave Evans is the VFP lead at Sixways Practice.

### c. Walking Groups - Item 3c/14 February 2024 PPG Minutes refers.

Leona Smith (Social Prescribing Link Worker/Cheltenham Peripheral PCN) to contact Roy Eames (RR's contact) about local walking groups and the importance of accessible paths and routes.

# 4. COLLABORATION WITH CHARLTON KINGS PARISH COUNCIL (CKPC)

CG will be the guest speaker at the Charlton Kings Parish Council Annual Meeting on 25 April 2024. Some PPG members will attend the meeting.

## 5. CARERS' COFFEE HOUR

## Tuesday, 16 April 2024 – 12.30 pm to 1.30 pm.

Invitations to carers and guests (including Cllr Lynda Johnson CKPC and Leona Smith) have been sent out. Discussion of arrangements for the Coffee Hour including the possible purchase of a folding table for refreshments. Date of next Carers' Coffee Hour to be agreed at the next PPG meeting on Friday, 24 May 2024.

With reference to carers: RR drew attention to Emily Kenway's Book (EK) 'Who Cares? the hidden crisis of caregiving and how we solve it' (pubd 2023); RR to send PPG members a link to a video of EK speaking about this issue.

## 6. PRACTICE UPDATES

**a. 'I need to See a doctor' publication** produced by Healthwatch Middlesborough and Healthwatch Redcar/Cleveland was circulated by CG to PPG members on 5 April 2024. PPG members gave CG feedback; further discussion is needed by the Practice as to whether Sixways should have a similar publication.

**b.** Meeting with Alex Chalk, MP for Cheltenham: CG as National Lead (The Midlands) Institute of General Practice Management met with Alex Chalk in April to discuss various issues regarding general practices including contracts and funding.

**c.** Vacancies: Care Navigator vacancies at Sixways Clinic are currently advertised on the 'GlosJobs' recruitment website.

**S. Spring Covid Booster:** Some PPG members have volunteered to assist the Practice as marshals on 24 April 2024 at Sixways Clinic. Vaccinations will be given that day to those aged 75 and over who are registered with Sixways Clinic (separate arrangements are in place for care home residents).

e. Practice Awayday, 2 May 2024: PPG members to send CG suggested topics for discussion.

## 7. PPG ANNUAL GENERAL MEETING

The PPG Annual General Meeting will take place on Wednesday, 12 June 2024 - 12.30 pm to 1.30 pm at Sixways Clinic. GP Partners to be invited. Arrangements to be discussed at the next PPG Meeting on Friday, 24 May 2024.

## 8. GLOUCESTERSHIRE PATIENT PARTICIPATION GROUP NETWORK (GPPGN)

AF and Sue Prew (SP) attended the GPPGN meeting on 22 March 2024 via Teams.

Report - Outline of four presentations on:

The Glos Autism All Age Strategy 2022-2026 (NB: Dr Mala Ubhi is lead at Sixways Practice on autism and national lead on mental health, learning disabilities and autism).

The Glos People's Panel: Members of the Panel had responded to four recent surveys on digital technology to support health and well-being, virtual wards, the NHS 111 service. Results of the surveys will be published by the end of April 2024.

The Adult Social Care and Fairer Contributions Policy.

Social Prescribing: SP to discuss the role and training of social prescribers with Susie Purslow, Lead Social Prescribing Link Worker Cheltenham Peripheral PCN.

Next GPPGN Meeting: Friday, 31 May 2024 – Attendance via Teams.

For information about the GPPGN including a link to the Primary Care Strategy 2024-2029 document and presentations: <u>https://getinvolved.glos.nhs.uk/ppg-network</u>

### 9. ANY OTHER BUSINESS

a. Practice Website/Facebook Page: to be discussed at next PPG Meeting.

b. GP Partners' view on the role of the PPG: discussion postponed due to lack of time, but CG confirmed that GP Partners are invited to all PPG meetings.

### **10. DATE OF NEXT MEETING:**

Friday, 24 May 2024 - 12.30 pm-1.30 pm at Sixways Clinic